The Benevolent Heart Enlightens the Mind, and the Lofty Aspiration Takes the Sky - A Precise Guarantee for the Growth of a Student Who Lose Her Parents After Enrolling

Chuansha Bo¹

¹ Shandong Jiaotong University, Jinan, China

Correspondence: Chuansha Bo, Shandong Jiaotong University, Jinan, Shandong, China. E-mail: baochuansha@126.com

Received: December 7, 2021  Accepted: January 6, 2022  Online Published: February 27, 2022
doi:10.20849/aes.v7i1.1018  URL: https://doi.org/10.20849/aes.v7i1.1018

Abstract

The student in this article is a student who lost her parents due to an accident. As a counselor, in addition to financial aid, we also need to nourish the students' hearts with kindness and strive to cultivate her positive attitude. A newcomer of the era with a sound personality, ideal, capable and responsible. In the process of funding education, it is necessary to take precision as the core, realize the "precise drip irrigation" of supporting resources, and implement the dynamic management of "one policy for a lifetime". It is necessary to further strengthen the function of "supporting aspirations" and cultivate students' character of "poor and strong, not falling into the blue sky".

Keywords: funding education, precision, benevolence, supporting aspirations

1. Basic Situation of the Case

Xiao Liu, female, comes from a rural area in Yantai, Shandong, majoring in automobile application and maintenance. September 8, 2016 was Xiao Liu's first day of enrollment. However, her parents were killed in a car accident on the way back to school. She suffered a serious mental and psychological blow, and her life had no source. For a time, she had the idea of dropping out of school.

2. Organization and Implementation

Although Xiao Liu's dilemma is mainly economic, but in the process of assistance, we can't just uphold the concept that "When headache we only treat the head, when our Foot pain we only treat the foot", while providing economic assistance, we should also solve the problem of students' growth and development. We should "prescribe the right medicine, precise drip irrigation, and targeted therapy", strengthen the "hematopoietic" function, and realize the improvement of its sustainable development ability. Based on the principle of "alleviating the poor, helping the will, and helping the intelligence", I adopted the five-person-one-sports model of "material assistance, spiritual assistance, peer mutual assistance, and comprehensive quality and ability training" to provide all-round assistance.

2.1 On the Basis of Material Subsidies, Precise Assistance to Solve Her Actual Demands

According to Xiao Liu's family situation, I have provided diversified subsidies for her from the aspects of "award, assistance, attendance, loan and subsidy", help her solve the tuition, accommodation and basic living expenses during school. Actively implement the national funding policy, explain the national student aid policy and funding measures for her. After Xiao Liu's personal application, democratic evaluation and college approval, she was identified as a target for special family financial difficulties. Widely opened channels, through communication and consultation with many departments of the school, provided her with school work-study positions, subsidized 10000 yuan each year, provided her with practical opportunities, and exchanged labor for remuneration to subsidize their lives. Encourage her to study hard, participate in various activities and competitions, and strive for scholarships to alleviate the economic burden. In addition, I actively applied to the leaders of the college and organized the teachers of the college to donate money and materials to the student,...
every year. These help to a great extent solved Xiao Liu's economic problems during her school period, so that she could study with peace of mind, and let her feel the warmth of being cared for, laying the foundation for the follow-up work.

2.2 Take Spiritual Assistance as the Core, Channel Her Emotions and Enlighten Her Minds With a Benevolent Heart

Through empathy and active attention, I established a trusting relationship with Xiao Liu, and insisted on the combination of nurturing people and cultivating the mind to improve her psychological safety ability. I use a combination of online and offline to conduct regular in-depth interviews. On the one hand, I listen carefully to her statement on school and life. During the period, I convey my respect for her and express my respect for her through nodding gestures and emotional comfort. The concern and attention of encountering difficulties affirmed her progress in study and work, and tried her best to alleviate Xiao Liu's inferiority and defensive psychology caused by her family situation. I usually take care and help more in daily life, give more "love", more care and more counseling in thought and study, give "preference", often take Xiao Liu out for visits and participate in organizational life to help her get out of the psychological shadow as soon as possible. Establish the confidence and courage to face difficulties. On the other hand, carrying out gratitude and inspirational education to enhance her sense of gratitude and responsibility to the country, society, and schools, help her form a sunny, rational and peaceful mentality, improve her ability to respond to various challenges, and guide her healthy growth. Better feedback to society. In conjunction with the school's psychological counseling teacher, she established a mental health file for Xiao Liu and provided psychological counseling on life education to help her better face life, old age, sickness and death, relieve psychological distress, and maintain a sunny mentality. Through the linkage of multiple forces, a multi-level care system of ideological care, life care, and psychological care has been effectively constructed, and Xiao Liu's mental outlook has gradually improved.

2.3 Use Peer Mutual Assistance as a Means to Work Together to Help Her Grow Into Talents

I fully tapped her peer resources, gave full play to the power of her roommates and classmates, and implemented the "Warm-hearted Walk" program, which built a concentric life and a learning community, and played the role of "helping others to help herself and growing together". In peer-to-peer exchanges, let Xiao Liu increase collaboration with classmates, improve interpersonal skills, enhance the sense of group, honor, and belonging, and achieve common progress in mutual help. In addition, I selected some senior students with excellent grades and strong abilities to give her a “one-on-one” paired assistance, and launched the “Senior Sister Pilot” program to provide peer tutoring to help Xiao Liu answer the questions. The perplexity in study and life, to play the leading and radiating leading role of role models, cultivate her consciousness of pursuing excellence, subtly enable Xiao Liu to establish self-confidence, and then gain momentum to move forward.

2.4 With the Goal of Improving Overall Quality, Build a Development Platform for It

Combining Xiao Liu's personality characteristics and advantages, I encouraged her to run for and served as the secretary of the class and the Youth League Committee Propaganda Committee of the College Student Union, which built a valuable training platform for her to improve her comprehensive quality. Encourage her to actively participate in various science and innovation competitions, participate in the school's golden autumn sports festival and sports meets, exercise her scientific research literacy, physical fitness, and cultivate her will and quality of unity and cooperation and fear of difficulties. In June 2018, Xiao Liu was recruited by the party organization as a candidate for the Communist Party of China due to her outstanding performance. I made full use of the active leadership role of the party branch to enable Xiao Liu to participate in the life of the party organization, experience the party spirit, and participate in various social practice activities, such as organizing volunteer service activities for epidemic prevention and control, and organizing the "three-party" funding policy. "Going to the countryside" activities, organize visits to the hard-working entrepreneurship education base, etc. It further improved her ideological and political quality, played its role as a vanguard and exemplary party member, and served the society in return.

2.5 Regarding Ability Improvement as the Ultimate Goal, Precise "Supporting Wisdom" and "Supporting Aspirations" to Guide Her to Clear Goals

I implemented a mentor system-based precise assistance to Xiao Liu, and built a growth and talent platform for Xiao Liu to accurately help the student “support the wisdom”. I invited Mr. Xu with high academic achievement and good teaching effect as her mentor. Based on Xiao Liu's hobbies, according to her professional talent
training plan, combined with her mentor’s research direction, she carried out professional learning and curriculum practice. Career planning and other aspects of guidance, guide her to formulate study plans, rationally plan university life, establish a correct outlook on careers and employment, and clarify goals for struggle.

3. Work Performance

Continuously exerting force and working for a long time, Xiao Liu went from weak to strong and realized her own sharp change. It has achieved full fruition in the aspects of learning, style, scientific research and practice. In terms of study, Xiao Liu worked hard and has excellent grades. She has won the first-class comprehensive scholarship and the second-class comprehensive scholarship of the school many times, as well as the Huayuan Electronics Scholarship and Zhongtong Bus Scholarship. In terms of culture and sports, Xiao Liu won 1 individual first prize, 2 second prizes, 2 team first prizes, and 1 third prize in school-level competitions, helping the college to achieve 14 consecutive championships in the sports games. In terms of scientific research practice, Xiao Liu won 1 first prize in national competitions, 2 first prizes in provincial competitions, 3 second prizes, and 1 excellence award. She has been awarded the honorary titles of school-level outstanding students, outstanding student leaders, outstanding Communist Youth League members, and outstanding league members and cadres many times, and was rated as outstanding school-level Communist Party member and advanced individual in summer vacation. Was rated as provincial outstanding student, provincial outstanding graduate. In August 2020, Xiao Liu was admitted to Liaoning University of Technology as a graduate student with excellent grades.

4. Experience and Inspiration

4.1 The heart of benevolence is the beginning of students' enlightenment, opening the door of knowledge, and the beginning of gratitude and feedback, which can moisten students and bloom beautiful hearts. General Secretary Xi Jinping once said: “Being a good teacher requires a benevolent heart.” College counselors are at the forefront of talent training, and they must always take the growth of students as the starting point, insist on virtue and build people as the foundation, and use benevolence as the starting point. The heart nourishes the hearts of students, untie the knots of students, cultivates and strengthens students' character and morality, and contributes their wisdom and strength to the cultivation of positive, sound personality, ideal, capable, and responsible era newcomers.

4.2 In the process of funding education, it is necessary to take precision as the core, realize the "precise drip irrigation" of supporting resources, and implement the dynamic management of "one policy for a lifetime". Counselors should make full use of various resources and provide meticulous guidance and management according to the actual situation of the funding target, so that the assistance measures are practical and effective.

4.3 In the process of funding education, it is necessary to further strengthen the function of "supporting aspirations", and cultivate students' character of "poor and strong, not falling into the blue sky". In the process of sponsoring students, counselors should pay attention to the connotative development of financial education. In addition to material funding, the systemic funding system should also include an all-round "supporting aspiration" system oriented toward spiritual assistance, psychological attention, and overall quality and ability improvement. To guide students to be self-reliant, self-confident, and self-improving, to help students form an optimistic attitude towards life, to promote the physical and mental health of students, and to continue to pursue their dreams and ultimately realize their self-worth.

References


Qu, S.-W., & Liu, J. (2012). The actual effect analysis of the fit between helping the poor and educating people in my country's colleges and universities. Journal of Ideological and Theoretical Education, (11), 119.

Zhao, Q. (2018). Research on the precise funding education mechanism of colleges and universities under the task of Lide Shuren. *Journal of University of Shanghai for Science and Technology* (Social Science Edition), (40), 1996.

**Copyrights**

Copyright for this article is retained by the author(s), with first publication rights granted to the journal. This is an open-access article distributed under the terms and conditions of the Creative Commons Attribution license (http://creativecommons.org/licenses/by/4.0/).